little rockets
children's clinic

Medicare Funded Appointments

Complex Neurodevelopmental Disorder (NDD)

What is a NDD plan and what do I do when I get one?

- A NDD plan offers up to **4-8 rebated assessment** appointments with an Allied Health Professional and **10-20 rebated treatment sessions** with an Allied Health Professional for people under 25 years who are exploring neuro-developmental conditions such as ADHD, ASD and DCD.
- NDD plans are prescribed by your paediatrician or psychiatrist. The number of assessments and treatment sessions do not renew each year - they can be used once up to the age of 25 years.
- The Medicare rebate will **partially** cover the cost of the appointments, there will be an out of pocket fee incurred.
- We require a copy of your NDD plan - check with your GP if they will send it to us, or they may ask you to do so.

How to book appointments once you have a plan

- Complete the short-term appointment referral form via the Little Rockets website. This will prompt you to upload a copy of your NDD plan. If you don't have a copy of the plan, that's ok - you can email it through at any time before your appointment.
- Our Admin team will be in touch to schedule the number of appointments you have been allocated. **We may not need to use all these appointments,** the number of appointments will be assessed by your therapist.
- Our initial appointments are completed over 2 sessions and includes a parent only session, as well as a session with your child. Your therapist will offer these in an order they feel beneficial based on your reason for referral.
- Types of appointments you can claim through your Medicare plan:
  - school / kinder / child-care observation/environmental assessment
  - community appointments (therapy ocurring at home, school or kinder)
  - clinic appointments
- Types of appointments where you cannot claim a rebate:
  - parent sessions
  - report writing, letters.

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After your Medicare plan has been completed

- Your therapist will discuss your child's progress and plan moving forward, including any need for future therapy.
- We will send a letter to your paediatrician outlining the progress of your child's intervention. This will include any recommendations for further assessment/intervention and the plan moving forward.
- If your child needs more therapy sessions:
  - we can discuss alternative funding sources.
  - we will place your child on the waiting list for additional appointments when they become available.

We look forward
to collaborating with you soon,

The Little Rockets Team

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